

Who Should Attend?

Peer Support Specialists
Recovery Coaches
Directors of Peer Programs
Supervisors of Peer Services
Treatment Providers
Case Managers
Other Professionals who work with individuals in recovery
Administrators
Persons wishing to collaborate with or create peer services or learn more about recovery oriented services

Remember!! Information to register, find lodging, or request scholarships is on separate forms. Make sure you have all the materials needed.

For copies of these forms, please contact:

Susan Pauley
Susan.Pauley@dbhds.virginia.gov
804-692-1645

or

Rhonda Thissen
Rhonda.Thissen@dbhds.virginia.gov
804-786-2316

or

Betsy Lalla
betsyhope1@comcast.net
804-762-4445

Daily Registration Cost is \$25 per day or \$50 for the two day event
(includes lunch each day)

Registration form, scholarship application and information regarding lodging are in separate forms

Each person must register

Limited space available

Scholarships are available for registration fees and/or lodging. Please see scholarship form for more information.

Lodging is available at the State rate (\$113/single, \$128/double)
until October 25th at
The Omni Charlottesville Hotel
(434) 971-5500

To receive this rate, you **must** specify your affiliation with SAARA of VA or The Peer and Recovery Services Conference when making reservation.

DBHDS
Virginia Department of
Behavioral Health and
Developmental Services

Virginia DBHDS, SAARA of Virginia
and Region IV Evidence-Based Practices
Implementation Network (EBPIN)
Present:

**If We Build It, They
Will Come: Growing
Support and Capacity for
Peer & Recovery Services**



**November 9th & 10th
2011**

**The Omni Charlottesville
Hotel**

235 West Main Street
Charlottesville, Virginia 22902



Conference Agenda

Wednesday, November 9th

Day 1

8:30 to 10:00
Registration with Refreshments

10:00 to 10:30
Welcome and Announcements
Opening Remarks by James Stewart,
Commissioner, DBHDS

10:30 to Noon
Plenary: **“Laying the Foundation:
An Overview of Peer Services Today”**
by Tom Hill, Director of Programs,
Faces & Voices of Recovery

Noon to 1:00 Buffet Lunch

1:00 to 2:30 Afternoon Workshops (Day 1)

- 1 **“Building a Peer Run Program”** Learn about creating mission, developing board, fiduciary responsibilities, developing services and more.
- 2 **“Core Attitudes and Attributes of Recovery Oriented Practitioners”** Learn and discuss the importance and influence of attitudes and attributes on your ability to effectively work with people seeking recovery.
- 3 **“Managing a Program: Recovery Model vs. Business Model”** An effective management and supervision model encompasses a recovery orientation and not just “business as usual”.

2:30 to 3:00

Break with beverages and light snack

Day 1 continued

3:00 to 4:30 Afternoon Workshops (Day 1)

- 4 **“Belief System: Intentional Peer Support”** What is intentional peer support and how does your belief system impact your work or collaboration with peer provided services?
- 5 **“Supervision of Peer Specialists, Recovery Coaches and Programs”** A critical ingredient for successful peer based services is effective supervision. Learn more about who, what, when, where and how.
- 6 **“Ethical Issues for Individuals and Programs”** Join an exploration of situations, issues and concerns that require careful consideration and action.

Thursday, November 10th Day 2

8:30 to 9:00
Registration with refreshments

9:00 to 10:30 Early Morning Workshops (Day 2)

- 1 **“Job Readiness and Career Paths for Peer Providers”** What do you need to do to enter the volunteer and work world of peer services? What opportunities exist for moving upward and onward?
- 2 **“Take Charge: Advance Directives, WRAP, and Recovery Action Planning”** Learn about the different types of crisis prevention and recovery planning models and resources being used today and how to empower your self and others through utilizing them.
- 3 **“What Hat Am I Wearing? Roles and Boundaries”** Moving from 12 step work or informal support to volunteer and paid positions providing peer services can be confusing. Get clarification. Stay healthy.

Day 2 continued

10:30 to 11:00
Break with beverages and light refreshments

11:00 to 12:30 Late Morning Workshops (Day 2)

- 4 **“Growing Peer Services and Programs in Virginia”** Learn more about the projects in Virginia to support and grow peer and recovery services. Will include discussion of possible certification of peer specialists.
- 5 **“Dealing with Differences: A Special Look at Working with Women, Hispanic Population, or LGBTQ Population”** A panel discusses and fields questions on understanding the importance of diversity, cultural sensitivity, and understanding yourself when helping support others who are not just like you.
- 6 **“Core Attitudes and Attributes of Recovery Oriented Practitioners”** Learn and discuss the importance and influence of attitudes and attributes on your ability to effectively work with

Lunch 12:30 to 1:30

1:30 to 3:00
Plenary: **“The Lives They Left Behind: Suitcases from a State Hospital Attic”**
by Darby Penney
When Willard Psychiatric Center in rural New York closed in 1995 after 126 years of operation, staff discovered more than 400 patients’ suitcases in an abandoned attic. Using photos of suitcase contents, the suitcase owners, and material from hospital records, this presentation depicts the lives of some of the suitcase owners in all their complexity and individuality.

3:00 to 3:30

Closing Remarks, Raffle and Evaluations